

(12) INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(19) World Intellectual Property Organization
International Bureau



(43) International Publication Date
21 December 2000 (21.12.2000)

PCT

(10) International Publication Number
WO 00/76545 A1

(51) International Patent Classification⁷: **A61K 45/06,**
33/00, 31/4174, A61P 23/00 // (A61K 33/00, 31:4174)

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(21) International Application Number: PCT/GB00/02271

(22) International Filing Date: 9 June 2000 (09.06.2000)

(25) Filing Language: English

(26) Publication Language: English

(30) Priority Data:
9913677.2 11 June 1999 (11.06.1999) GB

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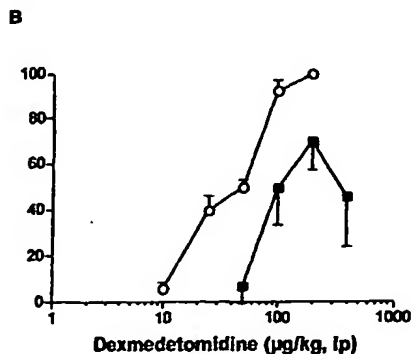
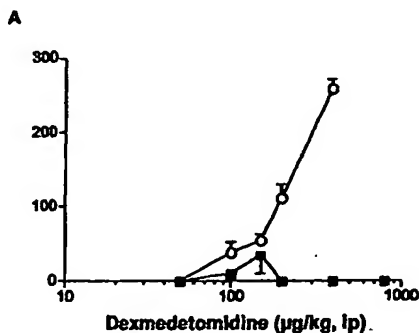
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(81) Designated States (*national*): AE, AG, AL, AM, AT, AU,
AZ, BA, BB, BG, BR, BY, CA, CH, CN, CR, CU, CZ, DE,
DK, DM, DZ, EE, ES, FI, GB, GD, GE, GH, GM, HR, HU,
ID, IL, IN, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS,
LT, LU, LV, MA, MD, MG, MK, MN, MW, MX, MZ, NO,
NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR,
TT, TZ, UA, UG, US, UZ, VN, YU, ZA, ZW.

[Continued on next page]

(54) Title: ANAESTHETIC FORMULATION COMPRISING AN NMDA-ANTAGONIST AND AN ALPHA-2 ADRENERGIC AGONIST

(57) Abstract: A pharmaceutical composition is described. The composition comprises a formulation. The formulation comprises an NMDA antagonist and an alpha 2 adrenergic agonist. In a preferred aspect, there is provided an improved anaesthetic comprising an NMDA antagonist and an alpha-2 adrenergic agonist.



WO 00/76545 A1



(84) Designated States (regional): ARIPO patent (GH, GM, KE, LS, MW, MZ, SD, SL, SZ, TZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, CY, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GW, ML, MR, NE, SN, TD, TG).

Published:

— With international search report.

For two-letter codes and other abbreviations, refer to the "Guidance Notes on Codes and Abbreviations" appearing at the beginning of each regular issue of the PCT Gazette.

ANAESTHETIC FORMULATION COMPRISING AN NMDA-ANTAGONIST AND AN ALPHA-2 ADRENERGIC AGONIST

Background

5 The present invention relates to a novel formulation that is capable of displaying one or more beneficial therapeutic effects. By way of example, the novel formulation can provide any one or more of general anaesthesia, analgesia, conscious sedation and neuroprotection.

10 The state of general anaesthesia encompasses several elements, namely, analgesia (or insensibility to a noxious stimulus), loss of consciousness (hypnotic response), attenuation of the sympathetic nervous system responses to a noxious stimulus (sympatholysis), interruption of memory formation of untoward events, and muscle relaxation.

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The state of general anaesthesia is usually produced by a combination of several drugs from different pharmacological classes, as to date no class of compound alone provides the ideal features which are required. For example, potent volatile anaesthetic agents such as halogenated ethers and haloalkanes, may be biotransformed to potentially toxic agents. Also these agents cause excitation on emergence from anaesthesia. Inhalation agents such as nitrous oxide and xenon are not considered to be potent enough to be used as monotherapy, whereas sedative/hypnotic agents (including propofol, benzodiazepines and barbiturates) lack analgesic properties. Analgesics either produce severe respiratory depression requiring assisted ventilation (in the case of the opioids) or do not produce a hypnotic response (non-opioids), whereas peripherally-acting muscle relaxants (e.g., vecuronium and atracurium) have neither analgesic or hypnotic properties.

25 In view of the prior art, it is clear that there are a number of drawbacks associated with the drugs currently used for general anaesthesia. Firstly, there is a need for specialised drug delivery systems, particularly for potent volatile anaesthetics. This need is obviated by using the intravenous route (total intravenous anaesthesia,

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otherwise known as "TIVA"). However, current TIVA regimens invariably include analgesic agents (e.g. opiate narcotics) which cause respiratory depression and hypnotic agents (propofol and barbiturates) which cause cardiac depression, thus requiring equipment for ventilatory and cardiovascular support during its use. Secondly, termination of the clinical effect from TIVA requires either biotransformation and/or elimination of the parent drug and their metabolites which may lead to organ toxicity problems. Other disadvantages of these drugs include prolonged emergence associated with excitation, nausea and vomiting (all except propofol), high addictive potential, together with a narrow window of therapeutic efficacy. Finally, there is also the environmental threat associated with the destruction of the ozone layer by nitrous oxide.

The present invention seeks to provide an improved formulation for general pharmaceutical use, especially for use in anaesthesia.

Statement of Invention

Aspects of the present invention are presented in the accompanying claims and in the following description.

Detailed Description

In a broad aspect, the present invention provides a pharmaceutical comprising an NMDA antagonist and an alpha-2 adrenergic agonist.

In a preferred embodiment, the present invention provides an anaesthetic comprising an NMDA antagonist and an alpha-2 adrenergic agonist.

Surprisingly, we have found that the co-administration of an NMDA receptor antagonist and an alpha-2 adrenergic agonist, preferably as a single formulation, both enhances the efficacy of the individual compounds through a synergistic

mechanism, but also diminishes the likelihood of the adverse and unwanted side effects that these drugs can cause when used alone.

One essential component of the formulation is an NMDA receptor antagonist.

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The term "antagonist" is used in its normal sense in the art, i.e., a chemical compound which prevents functional activation of a receptor by its agonist (NMDA, in this case).

- 10 The NMDA (N-methyl-D-aspartate) receptor is a major subclass of glutamate receptor (the most important excitatory neurotransmitter in the mammalian central nervous system). Importantly, activation of the NMDA receptor has been shown to be the central event which leads to excitotoxicity and neuronal death in many disease states, as well as a result of hypoxia and ischaemia following head trauma,
15 stroke and following cardiac arrest.

- It is known in the art that the NMDA receptor plays a major role in many higher cognitive functions, such as memory and learning, as well as in certain nociceptive pathways and in the perception of pain (Collingridge *et al*, The NMDA Receptor,
20 Oxford University Press, 1994). In addition, certain properties of NMDA receptors suggest that they may be involved in the information-processing in the brain which underlies consciousness itself.

- NMDA receptor antagonists in the context of the present invention are
25 advantageous for a number of reasons, such as the following three specific reasons. Firstly, NMDA receptor antagonists confer profound analgesia, a highly desirable component of general anaesthesia and sedation. Secondly, NMDA receptor antagonists are neuroprotective under many clinically relevant circumstances (including ischemia, brain trauma, neuropathic pain states, and certain types of
30 convulsions). Thirdly, NMDA receptor antagonists confer a valuable degree of amnesia.

The formulation may comprise one or more NMDA receptor antagonists.

Contrary to the prior art uses of NMDA receptor antagonists in general anaesthetic practice, we have surprisingly found that in the formulation of the present invention they are not severely hampered by their concomitant psychotomimetic effects and other undesirable side-effects. Prior art problems associated with this class of compounds included the production of involuntary movements, stimulation of the sympathetic nervous system, induction of neurotoxicity at high doses (which is pertinent since of NMDA receptor antagonists have low potencies as general anaesthetics), depression of the myocardium, proconvulsions in some epileptogenic paradigms e.g., "kindling" (Wlaz P *et al*, Eur. J. Neurosci. 1994; 6:1710-1719). Difficulties in developing antagonists that cross the blood-brain barrier had also limited their practical application.

In more detail, the NMDA receptor antagonists of the present invention may be competitive antagonists, such as 2-amino-5-phosphonopentanoate and 2-amino-7-phosphonoheptanoate, or derivatives or structural analogues thereof. The NMDA receptor antagonists may also be non-competitive antagonists, such as dizocilpine, ketamine, HA-966 [(+/-)-3-amino-1-hydroxy-2-pyrrolidone], or derivatives or structural analogues thereof.

Preferably, the NMDA receptor antagonist is xenon.

The advantage of using an inert, volatile gas such as xenon as a general anaesthetic is that the molecule can be rapidly eliminated via respiration.

In this respect, it has recently been discovered that xenon (which rapidly equilibrates with the brain) is an NMDA antagonist (Franks NP *et al*, Nature 1998; 396:324) making it a particularly attractive candidate in the context of the present invention.

Xenon is a chemically inert gas whose anaesthetic properties have been known for over 50 years (Lawrence JH *et al*, J. Physiol. 1946; 105:197-204). Since its first use in surgery (Cullen SC *et al*, Science 1951; 113:580-582), a number of research groups have shown it has an excellent pharmacological profile, including
5 the absence of metabolic by-products, profound analgesia, rapid onset and recovery, and minimal effects on the cardiovascular system (Lachmann B *et al*, Lancet 1990; 335:1413-1415; Kennedy RR *et al*, Anaesth. Intens. Care 1992; 20:66-70; Luttrupp HH *et al*, Acta Anaesthesiol. Scand. 1994; 38:121-125; Goto T *et al*, Anesthesiology 1997; 86:1273-1278; Marx T *et al*, Br. J. Anaesth. 1997;
10 78:326-327). Mechanistic studies on cultured hippocampal neurons have shown that 80% xenon, which will maintain surgical anaesthesia, reduces NMDA-activated currents by up to 60%. This powerful inhibition of the NMDA receptor explains some of the important features of the pharmacological profile and is likely to be instrumental in the anaesthetic and analgesic effects of this inert gas.

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Up to now, a significant problem which has impeded the use of xenon as a new anaesthetic is its high cost and the need to use complex apparatus to minimise the volume used (low-flow systems), along with the need to scavenge the gas for reuse. A further problem was that the potency of xenon is relatively low. As a
20 consequence, it had been suggested that volatile general anaesthetics may be solubilised in a lipid emulsion and administered intravenously (Eger RP *et al*, Can. J. Anaesth. 1995; 42:173-176). It is known in the art that local anaesthesia can be induced by intradermally injecting microdroplets of a general anaesthetic in a liquid form (Haynes DH, U.S. Patent Nos. 4,725,442 and 44,622,219). Typically
25 these microdroplets are coated with a unimolecular phospholipid layer and remain stable in physiologically-compatible solutions. A similar approach is described in a recent patent application which proposes that xenon might be administered in this fashion (Georgieff M, European Patent Application No. 864329-A1).

30 It is to be noted that the prior art has neither disclosed nor suggested the use of an NMDA receptor antagonist with an alpha-2 adrenergic agonist in a formulation

that has a broad applicability, especially for use as an anaesthetic, let alone the surprising properties associated therewith.

Another essential component of the formulation is an alpha-2 adrenergic agonist.

- 5 The term "agonist" is used in its normal sense in the art, i.e., a chemical compound which functionally activates the receptor to which it binds.

Alpha-2 adrenergic receptors (adrenoceptors) are ubiquitously distributed in both the nervous system as well as in every other system in the body. Comprising three
10 different receptor subtypes (termed A, B, and C), the alpha-2 adrenoceptors are activated by the non-selective endogenous adrenergic agonists adrenaline and noradrenaline which also activate six other adrenoceptor subtypes.

Up to now, anaesthetic interest has focussed on reductions in anaesthetic
15 requirements as experimental and clinical studies have shown that alpha 2-agonists exert powerful analgesic (Guo T *et al*, Anesthesiology 1991; 75: 252-6) and anaesthetic effects. The hypnotic response is believed to be mediated by activation of alpha-2 adrenoceptors in the locus coeruleus, whereas the analgesia is induced by modulation of the nociceptive pathway at the level of the dorsal horn of the
20 spinal cord and other sites not yet fully characterised (Guo T *et al*, *ibid*).

Thus, in the perioperative period alpha-2 adrenergic agonists are efficacious for decreasing anesthetic requirements for volatile (Aho M *et al*, Anesthesiology 1991; 74: 997-1002), opioid (Ghignone M *et al*, Anesthesiology 1986; 64: 36-42), and
25 hypnotic agents (Aantaa R *et al*, Anesthesiology 1990; 73: 230-5). In addition, alpha-2 adrenergic agonists are also efficacious for anxiolysis (Uhde TW *et al*, Arch Gen Psychiatry 1989; 46: 170-7) and preoperative sedation (Flacke JW *et al*, Anesthesiology 1987; 67: 11-9) in the perioperative period.

- 30 More specifically, exogenous alpha-2 agonists such as dexmedetomidine induce loss of consciousness in experimental animals by activating the alpha 2A

adrenoceptor subtype (Lakhlani PP *et al*, Proc. Nat. Acad. Sci. 1997; 94:9950-9955) in a discrete site in the brainstem (Correa-Sales C *et al*, Anesthesiol 1992c; 76: 948-52). When activated by its agonist, this same receptor subtype also reduces anxiety (anxiolysis) (Salonen M *et al*, Psychopharmacology 1992; 5 108:229-234) and activity in the sympathetic nervous system (sympatholysis). Alpha-2 agonists are also anticonvulsant in some types of epileptogenic paradigms (Halonen T *et al*, Brain Res. 1995; 6932:17-24) and are neuroprotective during ischaemic insults (Maier C *et al*, Anesthesiology 1993; 79:306-12). The alpha-2 agonist-induced hypnotic state can be reversed instantaneously with selective
10 alpha-2 adrenergic antagonists (e.g, yohimbine). The alpha-2 agonists attenuate the excitement associated with emergence from the anaesthetic state produced by the volatile anaesthetic agents (Bruandet N *et al*, Anesth. Analg. 1998; 86:240-5).

Up to now, the use of alpha-2 adrenoceptor agonists in general anaesthetic practice
15 has been hampered by their lack of anaesthetic potency and side-effect profile. Their lack of potency requires the use of very high doses which can activate non alpha 2A adrenoceptors resulting in peripheral vasoconstriction with an increase in blood pressure (Bloor BC *et al*, Anesthesiology 1992; 77:1134-1142) and a decrease in tissue perfusion. Furthermore, the alpha-2 agonists are also
20 proconvulsant in some models of epilepsy ("pentylentetrazol" [PTZ] seizures) (Mirski MA *et al*, Anesthesiology 1994; 81:1422-8).

It is well known in the art that both systemically and neuraxially administered alpha-2 agonists, such as clonidine and dexmedetomidine, alleviate pain in humans
25 and in animal models. The alpha-2 agonists produce analgesia by a supraspinal (Guo TZ *et al*, *ibid*) as well as by a local spinal action (Eisenach J *et al*, Anesthesiol. 1993; 277-87). Unlike local anesthetics, alpha-2 agonists do not change motor or sensory function, and unlike opiates they do not produce respiratory depression (Jarvis DA *et al*, Anesthesiology 1992; 76: 899-905) or
30 induce drug-seeking behavior (i.e. addiction). As a result of these features, alpha-2 adrenergic agonists are attractive candidates for pain management and are effective

for the reduction of post-operative pain (Bonnet F *et al*, Br J Anaesth 1989; 63: 465-9) and for pain relief during and after childbirth (Eisenach JC *et al*, Anesthesiology 1989; 71: 640-6; Filos KS *et al*, Anesthesiology 1992; 77: 267-74).

The potential of prolonged treatment with alpha-2 agonists for chronic pain states has undergone limited testing (Eisenach JC *et al*, Anesthesiology 1989; 71: 647-52) but appears to be very promising (Eisenach JC *et al*, Anesthesiology 1996; 85: 655-74). Clinical studies addressing the duration of the analgesic effects of epidural administration of alpha-2 agonists following prolonged administration have yet to be performed although alpha-2 agonists are now being advocated for prolonged periods of administration (Segal IS *et al*, Anesthesiology 1991; 74: 220-5) because of their potential benefit at each stage in the surgical patient's perioperative care. However, biologically important adaptations to the immediate effects of alpha-2 agonists may lead to a diminished drug effect over time; this is generally termed tolerance. While tolerance to the sedative actions of clonidine rapidly develops and is considered desirable in the treatment of hypertension it may mitigate the clinical utility of alpha-2 agonists for chronic pain relief and prolonged sedation in the intensive care setting (ICU) setting (Maze M, Redefining sedation, International Congress and Symposium, edited by Maze M, Morrison P. London, The Royal Society of Medicine Press, 1998, pp 3-11). Tolerance to the analgesic action of spinally administered alpha-2 agonists may be minimal as prolonged epidural administration of clonidine produced clinically useful analgesia for the treatment of chronic pain throughout the course of treatment (Eisenach JC *et al*, Anesthesiology 1989; 71: 640-6).

The formulation of the present invention may comprise one or more alpha-2 adrenergic agonists.

The alpha-2 agonist of the present invention may be clonidine (which may be sold as CatapresTM Boehringer Ingelheim; DuraclonTM Roxanne).

Clonidine, the prototypal alpha-2 adrenergic agonist, has been used as an antihypertensive agent since the early 1970's because of its sympatholytic properties. These sympatholytic, as well as anxiolytic, properties were exploited in the use of clonidine to facilitate drug and/or alcohol withdrawal (Gold MS *et al*,
5 Psychiatr. Clin. North Am. 1993; 16:61-73). More recently it has been used as an analgesic and a sedative in the perioperative setting (Kamibayashi T *et al*, Current Opinion in Anaesthesiology 1996; 9:323-327) and for the management of psychological conditions such as attention-deficit hyperactivity disorder (van der Meere J *et al*, J. Child Psychol. Psychiatry 1999; 40:291-8). In particular, it has
10 been shown that when added to local anaesthetic agents, clonidine increases the analgesic effects to a much greater extent than when a similar dose is administered systemically (Bernard JM *et al*, Can Anaesthesiol 1994; 42[2]:223-8). This effect is probably a consequence of the local clonidine concentration. Furthermore, extradural administration of clonidine is even more efficient than systemic
15 administration, at least when high doses are injected.

In addition, or in the alternative, the alpha-2 agonist of the present invention may be detomidine, medetomidine, dexmedetomidine (which may be sold as Primadex, Abbott Labs.) brimonidine (which may be sold as Alphagan, Allergan), tizanidine,
20 mivazerol (UCB-Pharma, Belgium), guanabenz (which may be sold as WytensinTM, Wyeth Ayerst), guanfacine (which may be sold as TenexTM, AH Robins), or a derivative or structural analogue thereof.

A preferred alpha-2 adrenergic agonist is dexmedetomidine.

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It is to be noted that the prior art has neither disclosed nor suggested the use of an alpha-2 adrenergic agonist with an NMDA receptor antagonist in a formulation that has a broad applicability, especially for use as an anaesthetic, let alone the surprising properties associated therewith.

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Thus, the present invention therefore relates to a formulation comprising an alpha-2 adrenergic agonist and an NMDA receptor antagonist. Here, the alpha-2

adrenergic agonists can prevent the posterior cingulate/retrosplenial (PC/RS) cortex neurotoxic side effects of NMDA antagonists (Jevtovic-Todorovic V *et al*, Brain Res. 1998, Jan 19;781[1-2]:202-11). In particular, the alpha-2 adrenergic agonist - such as clonidine and/or dexmedetomidine, which does not specifically relieve neuropathic pain - can potentiate the neuropathic pain-relieving action of an NMDA antagonist - such as MK-801, while also protecting against neurotoxicity and hyperactivity side effects of the NMDA antagonist. It is further known that oral clonidine premedication has been shown to attenuate the haemodynamic effects associated with ketamine anaesthetic induction in humans (Doak JG *et al*, Can. J. Anaesth. 1993 Jul; 40[7]:612-8).

Preferably the NMDA receptor antagonist is not ketamine.

Preferably the alpha-2 adrenergic agonist is not xylazine.

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More preferably, the formulation does not comprise the combination of ketamine and xylazine. In this respect, in veterinary anaesthetic practice the NMDA antagonist ketamine has been used in the presence of xylazine, a relatively weak alpha-2 agonist (Radde GR *et al*, Lab. Anim. 1996; 30:220-7). However, these drugs cannot be used in high enough doses to produce anaesthesia because of their side-effect profile which includes direct myocardial depression and hypertension. Like other TIVA regimens, the administration of these drugs requires kinetic mechanisms to terminate the effect and to facilitate emergence. Furthermore, extrapolation to facilitate general anaesthesia in human patients is complicated by involuntary movements and psychotomimetic effects.

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The components of the formulation of the present invention may be administered consecutively, sequentially or simultaneously, or combinations thereof.

Preferably, the components of the formulation of the present invention are administered simultaneously, such as in a single formulation.

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Thus, according to a preferred aspect of the present invention, general anaesthesia can be induced and maintained with a single formulation (monotherapy). This has the advantage that there is no requirement for the use of expensive equipment either for delivery or for ventilatory support. The favourable pharmacokinetic profile of the current invention allows both easy and rapid titratability for the desired effect as well as a smooth and rapid emergence from general anaesthesia. In particular, where general anaesthesia is used as a treatment (e.g., for withdrawal from alcohol and/or drug addiction; tetanus) the invention decreases the hyperactivity in the sympathetic nervous system as well as providing all the other features that are provided by a general anaesthetic.

According to the present invention, conscious sedation can be induced and maintained with monotherapy without requiring expensive equipment for either delivery or for monitoring of ventilation. Furthermore, chronic pain relief may be provided by monotherapy with no addictive potential and no ventilatory depression. In addition, neuroprotection can be provided with monotherapy, and does not result in the degree of cardiorespiratory depression which requires cardiovascular and respiratory resuscitation. The neuroprotective action is more efficacious as a result of the complementary action of the two components.

Preferably, the formulation of the present invention is in liquid form. For parenteral administration, the formulation may be used in the form of a sterile aqueous solution which may contain other substances, for example enough salts or monosaccharides to make the solution isotonic with blood.

More preferably, the formulation is in the form of a lipid emulsion. In the case a volatile anaesthetic such as xenon is used, the intravenous formulation typically contains a lipid emulsion (such as the commercially available Intralipid®10, Intralipid®20, Intrafat®, Lipofundin®S or Liposyn® emulsions, or one specially formulated to maximise solubility) to sufficiently increase the solubility of the gas or volatile anaesthetic to achieve the desired clinical effect. Further information on

lipid emulsions of this sort may be found in G. Kleinberger and H. Pamperl, Infusionstherapie, 108-117 (1983) 3.

5 The lipid phase of the present invention which dissolves or disperses the gas is typically formed from saturated and unsaturated long and medium chain fatty acid esters containing 8 to 30 carbon atoms. These lipids form liposomes in aqueous solution. Examples include fish oil, and plant oils such as soya bean oil, thistle oil or cottonseed oil. The lipid emulsions of the invention are typically oil-in-water emulsions wherein the proportion of fat in the emulsion is conventionally 5 to 30%
10 by weight, and preferably 10 to 20% by weight. Oil-in-water emulsions of this sort are often prepared in the presence of an emulsifying agent such as a soya phosphatide.

15 The lipids which form the liposomes of the present invention may be natural or synthetic and include cholesterol, glycolipids, sphingomyelin, glucolipids, glycosphingolipids, phosphatidylcholine, phosphatidylethanolamine, phosphatidylserine, phosphatidylglycerol, phosphatidylinositol.

20 The lipid emulsions of the present invention may also comprise additional components. These may include antioxidants, additives which make the osmolarity of the aqueous phase surrounding the lipid phase isotonic with the blood, or polymers which modify the surface of the liposomes.

25 It has been established that appreciable amounts of xenon maybe added to a lipid emulsion. Even by the simplest means, at 20°C and normal pressure, xenon can be dissolved or dispersed in concentrations of 0.2 to 10 ml or more per ml of emulsion. The concentration of dissolved gas is dependent on a number of factors, including temperature, pressure and the concentration of lipid.

30 The lipid emulsions of the present invention may be loaded with a gaseous or volatile anaesthetic. In general, a device is filled with the emulsion and anaesthetics as gases or vapours passed through sintered glass bubblers immersed

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in the emulsion. The emulsion is allowed to equilibrate with the anaesthetic gas or vapour at a chosen partial pressure. When stored in gas tight containers, these lipid emulsions show sufficient stability for the anaesthetic not to be released as a gas over conventional storage periods.

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The lipid emulsions of the present invention may be loaded so that the xenon is at the saturation level. Alternatively, the xenon may be present in lower concentrations, provided, for example, that the administration of the emulsion (when in combination with the alpha-2 agonist) produces the desired pharmaceutical activity.

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The present invention also relates to pharmaceutical compositions comprising the formulation of the invention and a pharmaceutically acceptable diluent, excipient or carrier. By way of example, in the pharmaceutical compositions of the present invention, the formulation of the present invention may be admixed with any suitable binder(s), lubricant(s), suspending agent(s), coating agent(s), solubilising agent(s) selected with regard to the intended route of administration and standard pharmaceutical practice.

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In some instances, the formulation of the present invention may comprise further optional components, such as, for example, a nitric oxide (NO) synthase inhibitor.

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In some instances, the presence of an NO synthase inhibitor is a preferred aspect. Here, it has been established that the sedative and analgesic effects of alpha-2 adrenergic agonists may diminish over time, a form of synaptic plasticity that is referred to as tolerance (Reid K *et al*, Pharmacol. Biochem. Behav. 1994;47:171-175).

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Alterations in biologic responsiveness in the CNS, for example long-term potentiation (LTP), central sensitization ("wind-up") and tolerance, are referred to collectively as synaptic plasticity and their molecular mechanisms may be similar

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despite diverse provocative settings. Previous studies have revealed that both the NMDA receptor complex (Asztely F *et al*, Mol Neurobiol 1996; 12: 1-11) and nitric oxide synthase (NOS) (Meller ST *et al*, J. Neurosci. 1997; 17: 2645-51; Boxall AR *et al*, Eur J Neurosci 1996; 8: 2209-12) are pivotal for some forms of synaptic plasticity. Studies have also shown that less exposure to alpha-2 agonists is required to achieve hypnotic tolerance than for analgesic tolerance (Hayashi Y *et al*, Anesthesiology 1995; 82: 954-62) suggesting that these two forms of tolerance may have different biological substrates.

10 In particular, studies have revealed that the induction of tolerance to the hypnotic effect of dexmedetomidine is blocked by co-administration of either dizolcipine or the NOS inhibitor NO₂-Arginine. However, after tolerance has developed, acute administration of dizolcipine or NO₂-Arginine does not prevent the expression of tolerance, i.e., neither NMDA receptors nor NOS inhibitors can affect the expression of hypnotic and analgesic tolerance, suggesting that there are multiple mechanisms by which behavioral tolerance to alpha-2 agonists may be induced and maintained.

Further studies using the pharmacologic probes MK-801, ketamine and NO₂-arginine also strongly suggest that tolerance has at least two distinct phases (induction and expression) as is seen in other forms of synaptic plasticity (e.g. LTP), and that the components of the signaling pathway follow in an orderly temporal sequence.

25 Previous work has elucidated key sites for the hypnotic and analgesic action of alpha-2 agonists. The locus coeruleus (LC) appears to be a pivotal site for producing alpha-2 agonist-induced hypnosis (Correa-Sales C *et al*, *ibid*). However the analgesic effects of alpha-2 agonists are mediated both spinally and supraspinally. The analgesic action of dexmedetomidine injected directly into the LC results from activation of alpha-2 adrenoceptors in the spinal cord, since this

analgesia can be blocked by intrathecal injection of the alpha-2 antagonist atipamezole and also by intrathecal administration of pertussis toxin (Guo TZ *et al*, *ibid*) which ribosylates, and thereby inactivates, defined species of G proteins. Intrathecal administration of alpha-2 agonists such as clonidine (Post C *et al*, J Anesth Analg 1987; 66: 317-24; Ossipov MH *et al*, J Pharmacol Exp Ther 1990; 255: 1107-16) or dexmedetomidine (Guo TZ *et al*, *ibid*; Fisher B *et al*, Eur J Pharmacol 1991; 192: 221-5) also produce analgesia. These data point to spinal alpha-2 adrenoceptors as a "final common pathway" in antinociception.

Initially, the alpha-2 adrenoceptor system was thought to have many similarities with the opiate receptor system based on similarities in their physiologic actions in the LC (Aghajanian GK *et al*, Neuropharmacol 1987; 26: 793-9; Williams JT *et al*, J Neurosci 1988; 8: 4299-306) and spinal cord (Yoshimura M *et al*, Nature 1983; 305: 529-30; North RA *et al*, J Physiol (Lond) 1984; 349: 43-55), and in their actions on nociceptive processing in the spinal cord (Kendig JJ *et al*, Eur J Pharmacol 1991; 192: 293-300; Feng J *et al*, Pain 1996; 66: 343-9). However in contrast to alpha-2 agonist analgesic tolerance, development of opiate analgesic tolerance is sensitive to NMDA receptor antagonists (Marek P *et al*, Brain Res 1991; 558: 163-5; Ben-Eliyahu S *et al*, Brain Res 1992; 575: 304-8; Tiseo PJ *et al*, J Pharmacol Exp Ther 1993; 264: 1090-6; Trujillo KA *et al*, Science 1991; 251: 85-7) and NOS inhibitors (Kumar S *et al*, Gen Pharmacol 1997; 29: 223-7; Highfield DA *et al*, Synapse 1998; 29: 233-9; Bhargava HN, Pharmacology 1994; 48: 234-41). The lack of effect of NMDA and NOS inhibitors in alpha-2 analgesic tolerance therefore strongly suggests that the mechanisms underlying alpha-2 and opiate tolerance are different.

The pharmaceutical composition of the present invention may also comprise other active ingredients. Examples of such other ingredients include L-type calcium channel blockers, N-type calcium channel blockers, substance P antagonists, sodium channel blockers, purinergic receptor blockers, or combinations thereof.

Preferably, the formulation (or pharmaceutical composition thereof) of the present invention may be delivered intravenously (either by bolus administration or infusion), neuraxially (either subdural or subarachnoid) or transdermally.

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The formulation of the present invention may also be administered in the form of an ointment or cream (lipid emulsion or liposomes) applied transdermally. For example, the formulation of the present invention may be incorporated into a cream consisting of an aqueous emulsion of polyethylene glycols or liquid
10 paraffin. Alternatively, the formulation of the present invention may be incorporated, at a concentration of between 1 and 10% by weight, into an ointment consisting of a white wax or white soft paraffin base together with such stabilisers and preservatives as may be required. These ointments or creams are suitable for the local alleviation of pain and may be applied directly to damaged tissue, often
15 with the aid of an optionally air-tight wound closure.

The concentrations employed in the formulation may be the minimum concentrations required to achieve the desired clinical effect. Typically, the concentrations of both drugs (NMDA receptor antagonists and alpha-2 adrenergic
20 agonists) will be lower, and in some cases substantially lower, than the concentrations required if each of the drugs were to be used separately. It is usual for a physician to determine the actual dosage that will be most suitable for an individual patient, and this dose will vary with the age, weight and response of the particular patient. There can, of course, be individual instances where higher or
25 lower dosage ranges are merited, and such are within the scope of this invention.

The formulation of the present invention may be for human administration or animal administration.

30 Thus, the formulation of the present invention may also be used as an animal medicament. In this regard, the invention further relates to a veterinary

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composition comprising the formulation of the present invention and a
veterinarily acceptable diluent, excipient or carrier.

For veterinary use, the formulation of the present invention, or a veterinarily
5 acceptable formulation thereof, is typically administered in accordance with
normal veterinary practice and the veterinary surgeon will determine the dosing
regimen and route of administration which will be most appropriate for a particular
animal.

In a broad aspect, the present invention provides a pharmaceutical composition
10 comprising a combination of an NMDA antagonist and an alpha-2 adrenergic
agonist.

Here, the pharmaceutical composition may be for any one or more of:

- 15 a) to diminish the harmful effects of stroke (such as stroke from reduced blood
supply to the brain);
b) to provide neuroprotection after trauma;
c) to relieve pain, such as chronic pain;
d) to produce sedation and/or general anaesthesia;
20 e) to ameliorate withdrawal symptoms in addicted patients;
f) to reduce anxiety - such as panic syndrome disorders;
g) to prevent convulsions and sympathetic hyperactivity in patients with tetanus.

Thus, the present invention also encompasses the use of a formulation of the
25 present invention in the manufacture of a medicament:

- a) to diminish the harmful effects of stroke (such as stroke from reduced blood
supply to the brain); and/or
b) to provide neuroprotection after trauma; and/or
30 c) to relieve pain, such as chronic pain; and/or
d) to produce sedation and/or general anaesthesia; and/or
e) to ameliorate withdrawal symptoms in addicted patients; and/or

- f) to reduce anxiety - such as panic syndrome disorders; and/or
- g) to prevent convulsions and sympathetic hyperactivity in patients with tetanus.

In a preferred embodiment, the present invention provides an improved
5 formulation for use in anaesthesia in which an NMDA receptor antagonist and an
alpha-2 adrenergic agonist are combined, preferably in a form suitable for
intravenous administration.

The present invention also relates to the use of the anaesthetic (or pharmaceutical
10 composition thereof) of the invention for the induction and/or maintenance of
anaesthesia.

The formulation of the present invention may also be used for general anaesthesia
to facilitate surgery, drug/alcohol withdrawal, treatment of tetanus, and other
15 diagnostic/therapeutic interventions. In particular, the present invention may be
used to maintain general anaesthesia for extended periods (24 - 48 h) in addicted
patients during which drug and/or alcohol withdrawal is provoked. The invention
can be used to maintain general anaesthesia for prolonged periods (days to weeks)
in the management of patients with tetanus. The anaesthetic of the invention may
20 also be used to render patients sedated and pain-free to facilitate surgical and other
therapeutic interventions (including endotracheal mechanical ventilation, wound
dressing change in patients with burns) or diagnostic procedures (including
endoscopy and imaging techniques) for which loss of consciousness is not required
(conscious sedation).

25
Furthermore, the formulation of the invention may be used to prevent and/or treat
the consequences of injury (including ischaemic and traumatic) to the nervous
system. It is known in the art that a combination of intravenous agents have been
employed to antagonise the toxic effects of the mediating excitatory amino acids,
30 including glutamate. However, while the blockade of NMDA receptors has been
shown to be efficacious in animal models, clinical trials have revealed that
significant neurotoxicity is associated with this class of compounds. This

neurotoxicity may be preventable through the neuroprotective action of the alpha-2 agonists used in the current invention.

5 The formulation of the invention may also be used to treat chronic pain states. It is known in the art that agents of many drug classes (including opioids and non-opioids) have been used by several different routes either alone or in combination. However, synergistic interactions between the NMDA antagonist and the alpha-2 agonist of the present invention may limit the dose and maintain prolonged efficacy by preventing the onset of tolerance.

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The formulation of the present invention may also be used in the treatment of optic nerve damage caused by acute glaucoma. The lowering of the intra-ocular pressure by the alpha-2 agonist, combined with the neuronal injury protection effect of the NMDA antagonist may lead to a treatment which is highly
15 efficacious.

The combination of a potent alpha-2 agonist and a rapidly-eliminated NMDA antagonist (such as xenon) may be advantageous for several other reasons. Firstly, the convergence of two disparate transmembrane signalling pathways (alpha-2
20 adrenoceptors and NMDA receptors) on the same or different neurones, onto the molecular mechanism for anaesthesia may result in multiplicativity of effectiveness. For example, alpha-2 agonists have a dual effect by both reducing membrane excitability directly via the opening of potassium channels and the closing of calcium channels (Nacif-Coelho C *et al*, Anesthesiology 1994; 81:1527-
25 1534), and also as a consequence of the adrenoceptor-induced hyperpolarisation, by making it less probable that glutamate release will trigger an action potential by NMDA-receptor activation. Similarly, the inhibition of NMDA receptors by NMDA antagonists will reduce excitability both directly by inhibiting depolarisation via NMDA receptor channels, and also, because the blocking of
30 basal activation of NMDA receptors will cause a reduction in membrane conductance, the hyperpolarisation due to alpha-2 agonist action will be enhanced. In addition, release of glutamate at NMDA synapses may be inhibited by

presynaptic effects of alpha-2 agonists, again conferring synergy. Finally, these two classes of agents may exert a synergistic action on muscle relaxation by inhibiting the release (alpha-2 agonist) and the modulatory action of glutamate (NMDA antagonist) at the neuromuscular junction (El Tamer A *et al*, J. Neurochem. 1996; 67:636-44; Koyuncuoglu H *et al*, Pharmacol. Res. 1998; 37:485-91).

The adverse effects of each (NMDA antagonist and alpha-2 agonist) may be antagonised by the other. Thus the anti- and pro-convulsant actions of one drug may be offset by the other. The vasoconstrictive properties of alpha-2 agonists are transduced *via* the alpha-2B adrenergic receptor subtype (Link RE *et al*, Science 1996; 273:803-5) which may have a diametrically opposite signalling pathway to that present in the transduction of the beneficial anaesthetic actions which are mediated by the alpha-2A adrenoceptor subtype. Thus the signalling *via* the alpha-2B adrenoceptor may be interrupted by the NMDA antagonists, thereby relaxing the tension developed in the vascular smooth muscle cells by activation of subtype non-selective alpha-2 agonists (Kaye AD *et al*, Anesth. Analg. 1998; 87:956-62). The development of tolerance to the anaesthetic actions of the alpha-2 agonist may require the participation of NMDA receptors, which if concurrently blocked, may interrupt this biologic process. Since xenon is kinetically inert it should not adversely affect the kinetic profile of alpha-2 agonists and thus emergence from anaesthesia could be predictable, smooth and rapid.

The invention will now be described only by way of example and with reference to the accompanying figures wherein:

Figure 1 shows the dose response relationship for the hypnotic and analgesic actions of dexmedetomidine in rats treated with sham surgery or chronically with dexmedetomidine.

Figure 2 shows the results of MK-801 administration on the sleep time induced by dexmedetomidine.

Figure 3 shows the results of ketamine administration on the sleep time induced by dexmedetomidine.

Figure 4 shows the results of MK-801 administration on the analgesic effects induced by dexmedetomidine.

Figure 5 shows the results of NO₂-Arginine administration on the sleep time induced by dexmedetomidine.

Figure 6 shows the results of NO₂-Arginine administration on the analgesic effects induced by dexmedetomidine.

In more detail, in Figure 1A, rats were given dexmedetomidine (5 µg/hg/hr) for 7 days then injected with challenge doses of dexmedetomidine and the duration of loss of righting reflex recorded. All values are mean ± standard error of 4-11 rats. In Figure 1B, rats were given dexmedetomidine (10 µg/hg/hr) for 14 days then injected with challenge doses of dexmedetomidine 30 min prior to analgesia testing. All values are mean ± standard error of 5-14 rats.

In more detail, Figure 2A shows the effect of acute administration of MK-801 (10-200 µg/kg) on the sleep time induced by acute administration of dexmedetomidine (100 µg/kg, i.p.). * p<0.05 different from saline, n=6. Figure 2B illustrates that acute administration of MK-801 does not block dexmedetomidine-induced tolerance to the hypnotic effect of dexmedetomidine. * p<0.05 different from control saline, n=6-7. Figure 2C illustrates that co-administration of MK-801 (100 and 400 µg/kg/hr) blocks tolerance to the hypnotic effects of a challenge dose of dexmedetomidine (100 µg/kg, i.p.). *p<0.05 different from control, N=6-8. All values are mean ± standard error of 7-8 rats.

In more detail, Figure 3A, shows that acute administration of ketamine has no effect on the sleep time induced by dexmedetomidine (150 µg/kg i.p.). Figure 3B shows that acute administration of ketamine (10 and 20 mg/kg) does not block

- dexmedetomidine-induced tolerance to the hypnotic effect of dexmedetomidine. * = $p < 0.05$ different from 10 mg/kg ketamine to sham treated animals, *** < 0.001 different from 20 mg/kg ketamine to sham treated animals. Figure 3C shows that co-administration of ketamine (400 $\mu\text{g/kg/hr}$) reverses tolerance to the hypnotic effects of a challenge dose of dexmedetomidine (150 $\mu\text{g/kg}$, i.p) without having an effect on dexmedetomidine sedation when administered alone. $p < 0.05$ significantly different from sham $N=6-8$. All values are mean \pm standard error of 7-8 rats.
- 10 In more detail, Figure 4A shows the effect of acute administration of MK-801 on the analgesic action of dexmedetomidine in naive rats. MK-801 was administered 15 min before the administration of 50 $\mu\text{g/kg}$ dexmedetomidine and the tail flick test was performed 40 min later. ** = $p < 0.01$, $n=6-7$. Figure 4B shows that acute administration of MK-801 does not prevent the development of tolerance. In rats
15 rendered tolerant by implantation of minipumps that delivered dexmedetomidine (10 $\mu\text{g/kg/hr}$) for 14 days, MK-801 (50 $\mu\text{g/kg}$) does not prevent the expression of tolerance. This dose of MK-801 was chosen because it has no effect on dexmedetomidine-induced sleep time. *** = $p < 0.001$, $n=6-7$. Figure 4C illustrates that co-administration of MK-801 (0.4 $\mu\text{g/kg/hr}$), with dexmedetomidine (10
20 $\mu\text{g/kg/hr}$) for 14 days does not prevent the development of tolerance. This dose of MK-801 alone does not affect dexmedetomidine's analgesic action, *** = $p < 0.001$ significantly different from control. All values are mean \pm standard error of 7-8 rats.
- 25 In more detail, Figure 5A shows that a dose of NO_2 -arginine dependently increases the dexmedetomidine-induced sleep time of drug naive rats. NO_2 -arginine was administered 15 min prior to the administration of dexmedetomidine (100 $\mu\text{g/kg}$ i.p.). * = $p < 0.01$ $n=8$. Figure 5B shows that the acute administration of a dose of NO_2 -arginine that does not affect dexmedetomidine-induced sleep time does not
30 reverse the tolerance to the hypnotic effect of dexmedetomidine (100 $\mu\text{g/kg}$). * = $p < 0.05$ different from control, $n=8$. Figure 5C shows that the concurrent administration of NO_2 -arginine 0.4-4 $\mu\text{g/kg/hr}$ with dexmedetomidine (5 $\mu\text{g/kg/hr}$)

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for 7 days dose-dependently blocks the development of tolerance to the hypnotic effect of dexmedetomidine * = $p < 0.05$ different from control; # = $p < 0.05$ different from both control and dexmedetomidine tolerant group, $n = 7-8$. Treatment with just NO_2 -arginine $1.25 \mu\text{g/kg/hr}$ (last column) does not affect the
5 dexmedetomidine-induced sleep time. $N = 8$. All values are mean \pm standard error of 7-8 rats.

In more detail, Figure 6A shows that acute administration of NO_2 -arginine has no effect on the analgesic action of dexmedetomidine in naïve rats. NO_2 -arginine was
10 administered intraperitoneally 15 min prior to administration of dexmedetomidine ($50 \mu\text{g/kg i.p.}$) and the tail flick test was administered 40 min later. All values are mean \pm standard error of 6 rats. Figure 6B shows that NO_2 -arginine (1 and 20 mg/kg i.p.) does not reverse dexmedetomidine tolerance to the analgesic action of dexmedetomidine ($100 \mu\text{g/kg i.p.}$) in dexmedetomidine tolerant rats. * = $p < 0.05$
15 significantly different from control. $N = 7-8$. Figure 6C shows that co-administration of a dose of NO_2 -arginine ($4 \mu\text{g/kg/hr}$) that effectively antagonizes hypnotic tolerance (see Fig. 5C), has no effect on analgesic tolerance produced by dexmedetomidine ($10 \mu\text{g/kg/hr}$ for 14 days). Increasing the dose of NO_2 -arginine to $8 \mu\text{g/kg/hr}$ was also ineffective. All values are mean \pm standard error of 7-8 rats.
20 * = $p < 0.05$ ** = $p < 0.01$ significantly different from control .

Examples

Example of the Formulation

A typical formulation of the present invention comprises from 5 - 30 mM of xenon,
25 and from 7 - 70 μM of dexmedetomidine in a 10 - 20% Intralipid™ emulsion. In each of the following examples, the xenon gas is dissolved in the lipid emulsion.

Example 1

In order to induce general anaesthesia, an adult patient is injected intravenously
30 over 2 minutes with the formulation containing 5 - 20 mls of xenon gas and 15 - 300 micrograms of dexmedetomidine. The induction of anaesthesia may facilitate

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[a] surgery, [b] withdrawal from drug and/or alcohol addiction, [c] management of tetanus.

Example 2

- 5 In order to maintain general anaesthesia (in order to facilitate [a] surgery, [b] withdrawal from drug and/or [c] alcohol addiction, management of tetanus), an adult patient receives an intravenous infusion of the formulation which is set to deliver 10 - 50 mls of xenon gas and 10 - 150 micrograms of dexmedetomidine each hour.

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Example 3

- To provide conscious sedation, an adult patient is injected intravenously with the formulation containing 1 - 10 mls of xenon gas and 5 - 100 micrograms of dexmedetomidine over 10 minutes and receives an intravenous infusion of the
15 formulation which is set to deliver 5 - 20 mls of xenon gas and 2 - 30 micrograms of dexmedetomidine each hour. Conscious sedation may facilitate diagnostic, or therapeutic (surgical and non-surgical) procedures.

Example 4

- 20 To protect against ongoing neural damage from trauma or ischaemia, an adult patient is injected intravenously with the formulation containing 5 - 20 mls of xenon gas and 15 - 300 micrograms of dexmedetomidine over 10 minutes. This is then followed by a continuous infusion with the formulation set to deliver 10 - 50 mls of xenon gas and 10 - 150 micrograms of dexmedetomidine each hour.

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Example 5

- In the treatment of chronic pain, an adult patient is injected epidurally with the formulation containing 1 - 10 mls of xenon gas and 5-60 micrograms of dexmedetomidine over 10 minutes. This is followed by a continuous infusion with
30 the formulation set to deliver 2 - 20 mls of xenon gas and 1- 20 micrograms of dexmedetomidine each hour.

Example 6

In an alternative treatment for chronic pain in an adult patient, the formulation is applied transdermally and is set to deliver 5 - 20 mls of xenon gas and 2 - 30 micrograms of dexmedetomidine each hour.

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The Effect of NMDA receptor inhibitors on alpha-2 agonist tolerance

The experimental protocol was approved by the Animal Care and Use Committee of the Veterans Affairs Palo Alto Health Care System. Male Sprague-Dawley rats, (B&K, Fremont, CA) weighing 250-350g were used. The rats were stratified to
10 match the distribution of the weights in the groups as closely as possible. All tests were performed between 10 a.m. and 4 p.m. The number of animals for each experiment is listed in the legends.

Development of tolerance

15 Rats were made tolerant to the anesthetic action of an alpha-2 agonist, dexmedetomidine, as described by Reid K *et al* (*ibid*). Briefly, rats were administered dexmedetomidine chronically using Alzet[®] osmotic minipumps (Model 2002 or 1007D, Alza, Palo Alto CA), which discharge their contents at a mean pumping rate of 0.48 ± 0.02 μ l/h. The pumps were inserted subcutaneously
20 during isoflurane anesthesia in the dorsal thoracic region and loaded to deliver 5 μ g/kg/h for 7 days to induce hypnotic tolerance and 10 μ g/kg/h for 14 days to induce analgesic tolerance. These dosing schedules were previously found to be optimal to generate a tolerant hypnotic or analgesic state (Hayashi Y *et al*, *ibid*). When MK-801 or N ω -nitro-L-arginine (NO₂-arginine) was co-administered with
25 dexmedetomidine the MK-801 was included in the same pump. Previous studies (Hayashi Y *et al*, *ibid*) have reported that the behavioural responses measured in sham surgery animals did not differ from rats implanted with pumps containing saline, therefore the former were used. For the MK-801 and N ω -nitro-L-arginine (NO₂-arginine) hypnotic experiments the pumps were removed one day prior to
30 behavioral testing. In all other experiments the pumps were not removed prior to testing.

Loss of Righting Reflex

Hypnotic response to dexmedetomidine, was defined by the loss of the rat's righting reflex (LORR), and its duration was measured in minutes and referred to as sleep-time. The duration of the LORR was assessed as the time from the rat's inability to right itself when placed on its back until the time that it spontaneously reverted, completely, to the prone position. The hypnotic response test was performed between 10 a.m. and 6 p.m. as described in Reid *et al*, 1994.

Nociceptive testing procedures

Nociceptive response was assessed by the tail flick response to a noxious thermal stimulus 40 minutes after the administration of the dexmedetomidine challenge dose. A high intensity light beam focused on the tail and the time for the rat to move its tail out of the light was recorded as tail flick latency. This method has been described previously in the literature (Guo TZ *et al*, *ibid*). The latencies from three sites on the tail were averaged. A cut-off time of 10 sec was predetermined to prevent tissue damage. Baseline measurements consist of a set of three tail flick determinations at 2 min intervals. Baseline tail flick latencies ranged between 3-4 sec.

Drug preparation

The NOS inhibitor N ω -nitro-L-arginine (NO $_2$ -arginine) (Sigma) and the NMDA antagonists MK-801 (RBI) and ketamine (Sigma) were diluted in normal saline and acutely administered intraperitoneally or administered chronically by means of Alzet[®] osmotic minipumps (Model 2002 or 1007D, Alza, Palo Alto CA). These compounds were co-administered with dexmedetomidine by including both drugs in one pump.

Statistical Analysis

LORR and tail flick data was analyzed using the analysis of variance (ANOVA) followed by post hoc Bonferroni tests or Dunnett's multiple comparison test or t-test where appropriate.

5

Dose-response relationship for dexmedetomidine in sham and chronically treated animals

The dose response relationships for the hypnotic and analgesic effect of dexmedetomidine are shown in Figure 1. The hypnotic effect of dexmedetomidine dose dependently increased in sham treated animals but was almost completely absent in rats chronically treated for 7 days even when large doses were given (Figure 1A). A biphasic dose response curve for this action of dexmedetomidine with a maximal efficacy around 300 µg/kg has been previously demonstrated and has been shown to be due to a stimulatory action of dexmedetomidine mediated by activation of α_1 receptors (Guo TZ *et al, ibid*).

15

Chronic exposure to dexmedetomidine for 14 days shifted the analgesic dose response curve for dexmedetomidine about 2 fold and reduced the maximal effect (Figure 1B).

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Prevention of the induction of tolerance to the hypnotic effects of dexmedetomidine with the NMDA receptor antagonists MK-801 and ketamine

Acute administration of MK-801 to naïve animals did not affect sleep time (Figure 2A). Once tolerance had developed acute administration of MK-801 did not affect the expression of tolerance (Figure 2B). However co-administration of MK-801 with dexmedetomidine was able to prevent the development of tolerance (Figure 2C). In this experiment the osmotic pumps were removed 1 day prior to behavioral testing.

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Ketamine had a similar profile in that when acutely administered it did not affect the sleep time caused by acute injection of dexmedetomidine (Figure 3A). Acute administration of 10 or 20 mg/kg ketamine could not reverse tolerance that was previously established (Figure 3B) but ketamine did reverse tolerance to the sedative actions of dexmedetomidine when administered concurrently (Figure 3C). This same dose of ketamine had no effect by itself. In this experiment the Alzet pumps were left in place for the behavioral testing.

10 Lack of prevention of the induction of tolerance to the analgesic effects of dexmedetomidine with MK-801

Acute administration of MK-801 15 min prior to the challenge dose of dexmedetomidine suppressed its analgesic action at the two highest doses (Figure 4A). To determine whether MK-801 could affect the expression of tolerance, it was acutely administered to control and tolerant animals. A low dose of MK-801, that alone did not have any affect on dexmedetomidine-induced analgesia, did not reverse the expression of tolerance (Figure 4B). A higher dose of MK-801 (400 µg/kg) that antagonized the analgesic action of dexmedetomidine in control animals was also unable to reverse tolerance. Co-administration of a dose of MK-801 that prevented the development of tolerance to the hypnotic effect of dexmedetomidine and was the maximum dose tolerated by the rat had no effect on the development of analgesic tolerance (Figure 4C). This dose of MK-801 had no effect on tail flick latency when administered alone.

25 Prevention of the induction of tolerance to the hypnotic effects of dexmedetomidine with a NO synthase inhibitor

When administered to naive animals NO₂-arginine increased sleep time only at high doses (Figure 5A). Once tolerance had been developed by a 7-day administration of dexmedetomidine, acute administration of low doses of NO₂-

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arginine, that did not affect sleep time in naïve animals, did not reverse its expression (Figure 5B). When NO₂-arginine was co-administered with dexmedetomidine, the induction of tolerance to the hypnotic effects of dexmedetomidine was attenuated (Figure 5C). Treatment with just NO₂-arginine
5 1.25 µg/kg/hr (last column) did not affect the dexmedetomidine sleep time.

Lack of prevention of the induction of tolerance to the analgesic effects of
dexmedetomidine with NO₂-arginine

Acute administration of NO₂-arginine did not affect the analgesic action of
10 dexmedetomidine (50 µg/kg i.p.) (Figure 6A). To determine if NO₂-arginine could
affect the expression of tolerance it was acutely administered to control and
tolerant animals. NO₂-arginine (1 and 20 mg/kg i.p.) did not reverse the expression
of tolerance (Figure 6B). Co-administration of a dose of NO₂-arginine (4
µg/kg/hr), a dose that prevented the development of tolerance to the hypnotic
15 effect of dexmedetomidine, had no effect on dexmedetomidine-induced analgesia
in control animals and had no effect on analgesic tolerance (Figure 6C). This dose
of NO₂-arginine had no effect on tail flick latency when administered alone (data
not shown). Increasing the dose of NO₂-arginine further to 8 µg/kg/hr was also
ineffective at reversing tolerance.

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Various modifications and variations of the described methods of the invention
will be apparent to those skilled in the art without departing from the scope and
spirit of the invention. Although the invention has been described in connection
with specific preferred embodiments, various modifications of the described modes
25 for carrying out the invention which are obvious to those skilled in the relevant
fields are intended to be within the scope of the following claims.

CLAIMS

1. An anaesthetic formulation comprising an NMDA antagonist and an alpha-2 adrenergic agonist.
2. An anaesthetic according to claim 1 wherein the NMDA antagonist is xenon.
3. An anaesthetic according to claim 1 or claim 2 wherein the alpha-2 adrenergic agonist is dexmedetomidine.
4. An anaesthetic according to any one of the preceding claims wherein the anaesthetic is in liquid form.
5. An anaesthetic according to claim 4 wherein the anaesthetic is in the form of a lipid emulsion.
6. An anaesthetic according to any preceding claim wherein the formulation includes a pharmaceutically acceptable diluent, excipient or carrier.
7. Use of a formulation as defined in any one of claims 1 to 6 in the manufacture of a pharmaceutical composition for the induction and/or maintenance of anaesthesia.
8. Use according to claim 7 wherein the formulation is delivered intravenously, neuraxially or transdermally.
9. A method of inducing anaesthesia in a subject in need of same, the method comprising administering to said subject a formulation as defined in any of claims 1 to 6 in such an amount to induce anaesthesia.

10. A pharmaceutical composition comprising a formulation, which formulation comprises an NMDA antagonist and an alpha-2 adrenergic agonist.

11. A method of treating a subject in need of treatment, the method comprising administering to said subject a formulation, which formulation comprises an NMDA antagonist and an alpha-2 adrenergic agonist.